SWEET POTATO LEAF SALAD

INGREDIENTS

- 1 bunch Sweet Potato leaves (stems removed)
- 1 medium Tomato (sliced)
- 1 thumb Ginger (shredded)
- 1 medium Onion (red preffered and sliced)
- 6 tblsps of Cane Vinegar
- 2 cups of Water

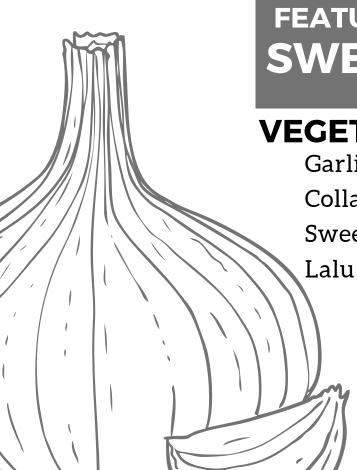
• 1/2 tsps: White Sugar, Salt, and Black Pepper

DIRECTIONS

- Bring water to a boil in medium size pot
- Blanch Sweet Potato Leaves, then dry
- Combine remaining ingredients in large bowl
- Gently toss in Sweet Potato leaves
- Serve as appetizer or side dish!

SHELF LIFE

1-3 days in Refrigerator



FEATURED FARMER'S CHOICE CROP **SWEET POTATO LEAVES**

VEGETABLES

Garlic

Collard Greens

Sweet Potato Leaves

HERBS

MEDICINAL

Spearmint

Lemon Balm

SPICES

Lemon Basil

Thai Basil

Cilantro

FLOWERS

Wild Yellow Zenias

Day Lillies - Sweet Orange

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