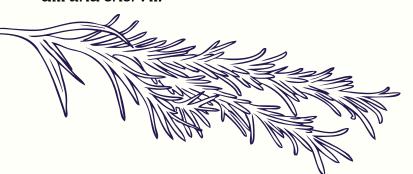


RECIPE

- 1/4 cup pine nuts
- 3/4 cup coarsely chopped garlic scapes*
- Juice and zest of 1/2 lemon
- 1/2 teaspoon salt
- A few generous grinds of black pepper
- 1/2 cup extra virgin olive oil
- 1/4 cup grated Parmigiano Reggiano cheese or Nutritional Yeast (Non-dairy Option)

*Or use half scapes and half herbs such as basil, dill and chervil.

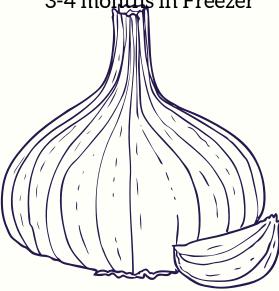


DIRECTIONS

Put all ingredients in a blender and blend until all ingredients are well mixed. Serve hot or cold.

SHELF LIFE

5-7 days in Refrigerator 3-4 months in Freezer



FEATURED FARMER'S CHOICE CROP

GARLIC SCAPE

VEGETABLES

Garlic Scapes
Rainbow Collard Greens
Baby Toy Bok Choy
Rhubarb
Peas



HERBS

MEDICINAL

Chamomile Spearmint Applemint

SPICES

Basil Parsley Cilantro

FLOWERS

Roses Clematis

