# VEGAN SOUTHERN COLLARD GREENS

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#### **INGREDIENTS**

- ½ small yellow onion, diced
- 3 cloves garlic, minced
- 2-3 cups vegetable broth (I only used 2 cups)
- 1 teaspoon applewood smoked salt (or any kind of smoked salt)
- ½ teaspoon red pepper flakes
- 2 lbs collard greens
- black pepper
- hot sauce

#### **SHELF LIFE**

3-4 days in Refrigerator 2-3 months in Freezer

### **DIRECTIONS**

- Coat a large deep skillet or pot with vegetable oil.
- Saute onions until almost tender over medium heat and then add in garlic.
- Cook until onion and garlic are fragrant, about 2-3 minutes.
- Add in vegetable broth.
- Season broth with smoked salt and red pepper flakes.
- Taste and adjust the seasonings if needed. Make sure it's to your liking because this is how your greens will taste.
- Bring to a simmer and reduce heat.
- Add in the greens. Green will wilt down as they cook.
- Simmer for 1 hr to 1 hr 30 mins. Do not boil. Add more vegetable broth if needed. May need more or less time so be sure to check them after 30-45 minutes. When done, greens will be dark green, tender and will not have a raw taste.
- Add in more smoked salt, black pepper, red pepper flakes and hot sauce, if desired. (I always do!)
   Add hot sauce or vinegar if desired.

## FEATURED FARMER'S CHOICE CROP **COLLARD GREENS VEGETABLES HERBS** Garlic **MEDICINAL** Collard Greens Spearmint **Applemint** Baby Tok Bok Choy **Green Peppers SPICES** Lemon Basil Thai Basil Cilantro **FLOWERS** Wild Yellow Zenias Day Lillies - Sweet Orange